



Sydenham Terry Fox Walk/Run

Thursday, October 6, 1:00 pm

Our school is proud to take part in this year's Terry Fox School Run. Since 2005, our little school has raised over \$25,000 dollars for the Terry Fox Foundation. Please help us to continue the legacy of one of Canada's greatest heroes, by donating to support cancer research, while building fantastic school spirit!

Show Your Support

- Donate online to our school page by using the QR code or this link:
<https://schools.terryfox.ca/SydenhamPSKingston>
- Boost our school's fundraising by setting up a personal fundraising page for/with your child on our school link, to share by email or social media.



Fundraising Goals

If the school raises at least \$750, Ms. Reid and Ms. Chung will perform a karaoke song for the entire school!

If the school raises at least \$1000, Ms. Onyskiw will dress up as a banana for an entire day!

If the school raises at least \$1500, each class will get to dump a bucket of ice-cold water over Ms. Warren and Mr. Emmerton!

If the school raises at least \$2500, the entire school will get 100 minutes of free time and a choice of activities!

"Try Like Terry" Challenge

Students in grade 3 and above can attempt this challenge on the day of the walk. They will be challenged to run a course at the Cricket Field for 10 minutes without stopping. Those who complete the challenge will have their name entered into a draw to be the Vice-Principal for an afternoon!

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